

| How to keep your devices safe  |          |
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|  |          |
| <ul><li>Use a passcode</li><li>Do not share your passcode with anyone</li></ul>                        |          |
| <ul> <li>Do not leave your phone unattended</li> </ul>   |          |
| Keep your software and apps up to date   |          |
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| Passcodes, Passwords and Passphrases   |          |
| Passcode – Used to unlock your phone or tablet<br>167899   |          |
| Password - Should be a mix of letters, numbers and symbols   |          |
| dXey6-meL8i-d3aa&  | -        |
| Passphrases - Relatively secure and easier to remember.<br>Mydogis100%thebestintheworld                |          |
| , <del>.</del>   |          |
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| Password tips  |          |
| Follow these tips for creating a strong password.  |          |
| Do not include personal information  |          |
| <ul><li>Use a jumble of numbers, letters and symbols.</li><li>Use password manager software.</li></ul> |          |
| Use multi-factor identification  |          |
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| Identify Scams  |   |
| Usually threaten that something may happen to you or your accounts                            | - |
| Include a link that may look unusual  |   |
|   |   |
| Your bank will never contact you and ask<br>you to confirm your login details or<br>password. |   |
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| More information  | ] |
| More illiorination  |   |
| www.scamwatch.gov.au  |   |
| https://www.scamwatch.gov.au/   |   |
| https://beconnected.esafety.gov.au  |   |
| https://www.cyber.gov.au/   |   |
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| Making secure online payments   |   |
| Use a secure internet connection  |   |
| <ul><li>Use a trusted website</li><li>Consider using credit over debit</li></ul>              |   |
| • Keep an eye on your accounts  |   |
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## Mobile Data vs WiFi

• Mobile data is provided by your mobile phone carrier. When in use you will see 5G, or 4G in the top corner of your phone.





- WiFi is provided by your Internet Service Provider. When in use you will see this symbol in the corner of your phone.
- How to avoid a data blowout

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## Zoom

Zoom is a video conferencing app

Can be used for meetings, therapy sessions, conversations with friends.

Zoom has significantly more functionality on the computer version.

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## Getting Started

Allows you to join meetings

Host one on one meetings

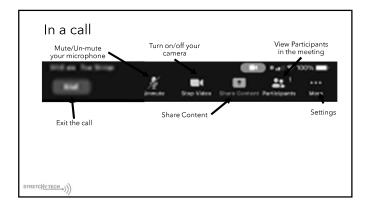
Host group meetings (up to 40 minutes duration)

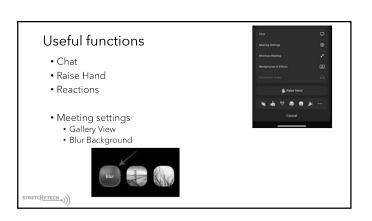
Ensure your device has

- Webcam
- Microphone
- Speakers

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## 





| Computer specific accessibility settings  |   |
|---|---|
| Closed Captions     Including ability to adjust text size   |   |
| Noise Suppression   |   |
| • Multi-spotlight   |   |
| • Focus Mode  |   |
| Mute participants upon entry.   |   |
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| Etiquette   | ] |
| Keep your microphone muted when not speaking  |   |
| Use the raise hand button if you have a question  |   |
| Try to find a quiet space for the call  |   |
| Send links prior to the meeting   |   |
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| Trouble Shooting:   |   |
| Check your connection to the internet.  |   |
| <ul> <li>Not all problems may be at your end, other people in the call<br/>may have issues which will affect your ability to hear.</li> </ul> |   |
| Check your device volume is turned up   |   |
| Check your microphone is not muted  |   |
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| Thank you        |  |
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